

# Central Oregon Seed Exchange



**Region** Bend, OR

**Farmer Since** 2012

**Methods** Uses organic practices

**Products** Central Oregon grown and saved seed, heirloom seeds

**Spring** (541) 647-9604

coseedexchange@gmail.com

www.seedexchange.weebly.com

## About Central Oregon Seed Exchange

To farm and garden with resilient and local plants, one should start with a strong, local seed. Inspired to start growing and saving seed for Central Oregon gardeners and farmers, Spring Alaska Olson created the Central Oregon Seed Exchange in 2012. Each year she saves 200 pounds of seed, about 5,000 seed packets. Spring is passionate about the importance of local plants and cares about getting seed into the hands of the community, to the point of donating or selling seeds at a minimal cost that helps cover her labor and packaging. To contribute to these efforts, Spring also operates a native plant nursery on Newport Avenue in Bend.

*“The seeds grow better here because they’re from here.”*



### What drives you?

“I enjoy helping others by providing opportunities to those who are interested in learning how to become self sufficient.”

### Was farming in your family?

“Our family has traditionally grown and harvested vegetables in our home state of Alaska for the last 50 years.”



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